



Coffee Enema Story

新生命咖啡灌肠的由来

1. NewLife™'s Enema Coffee is grown on the NewLife™ Organic Coffee Farm located in Sabah, on the rainforest island of Borneo. The farm is certified organic by the Malaysian Ministry of Agriculture. 新生命灌肠咖啡来自新生命的有机咖啡园，坐落在婆罗岛热带雨林的沙巴州。此咖啡园已被马来西亚农业部认证为有机。



2.

Each individual tree-ripened bean is handpicked, then dried, roasted, ground, and packed by hand. 每一颗树上自然成熟的咖啡豆都经工作人员亲手摘取，再经过晒干、烘焙、研磨以及包装而成。

3.

A low heat, light roast helps to retain high levels of caffeine, palmitic acids, antioxidants and other nutrients in order to maximize health benefits. 以低温、微烘焙方法生产，从而得以保留咖啡豆中所含的高量咖啡因、棕榈酸、抗氧化剂以及其他营养素，进而最大限度地提升健康效益。



4.

Coffee enemas are proven for blood and liver detoxification, and are recommended by naturopathic doctors worldwide. 咖啡灌肠能为血液清毒和肝脏排毒的功能是已被公认证实的，并也广受世界各地自然疗法医生所推荐。

5.

Benefits of coffee enemas:

- remove toxins from the liver and free radicals from the bloodstream.
- stimulate glutathione-s-transferase (GST) in the liver by up to 700%. GST neutralizes free radicals in the blood stream.
- help in relieving pain, nausea, headaches/migraines, and inflammation in the body.

咖啡灌肠的健康效益：

- 清除肝脏中的毒素和血液中的自由基。
- 刺激肝脏中的谷胱甘肽酶（GST）分泌高达700%。谷胱甘肽酶（GST）可中和血液中的自由基。
- 帮助缓解疼痛、恶心、头疼/偏头痛以及炎症等问题。

